Menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt
Lunch & Dessert	Spaghetti Bolognese ..... Rich Tea Biscuit	Chicken Breast with mash potato, peas & gravy ..... Flapjack	Pasta Pomodoro ..... Shortbread	Mince, Carrot & Potato Pie ..... Sponge Cake	Chicken Risotto ..... Fruity Bake
Afternoon tea	Ritz Crackers & Oranges	Brioche & Grapes	Breadsticks & Apple	Ham Sandwiches with Banana	Malted milk biscuit & Fruit
Weaning AM snack	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt
Weaning lunch & dessert	Spaghetti Bolognese ..... Puréed Peaches	Chicken Breast with mash potato, peas & gravy ..... Puréed Pear	Pasta Stars Pomodoro ..... Puréed Apple	Leek & Potato Delight ..... Puréed Mango	Chicken Risotto ..... Puréed Apricots
Weaning Afternoon Tea	Ella's Kitchen Melty Sticks	Fruity Banana Custard	Baby Melty Puffs	Baby Biscotti B2 + Banana	Fruity Rice Wafer

Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt
Lunch & Dessert	Vegetable Pasta Bake ..... Rich Tea	Minced Beef & Vegetable Stew ..... Flapjack	Sausages, Mash Potato & Beans ..... Shortbread	Mild Chicken Curry & Rice ..... Sponge Cake	Creamy Fish, Mash & Peas ..... Fruity Bake
Afternoon tea	Ritz Crackers & oranges	Brioche & grapes	Breadsticks & apple	Ham Sandwiches with Banana	Malted milk biscuit & fruit
Weaning AM snack	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt	Toast with Yoghurt
Weaning lunch & dessert	Vegetable Pasta Stars ..... Puréed Peaches	Minced Beef & Vegetable Stew ..... Puréed Pear	Mash potato & Beans ..... Puréed Apple	Vegetable Rice ..... Puréed Mango	Creamy Fish, Mash & Peas ..... Puréed Apricots
Weaning Afternoon Tea	Ella's Kitchen Melty Sticks	Fruity Banana Custard	Baby Melty Puffs	Baby Biscotti B2 + Banana	Fruity Rice Wafer